



## Empire USA - Syracuse INDOOR PRACTICE SCHEDULE REVISED

**Starting November 2, 2009**

### Monday-481

Age Group:	Field #:	Time:	Age Group:	Coaches:
Youth Clinic Ages 5-9	Field 1	6pm-7:00pm	Youth Clinic Ages 5-9	Staff
Youth Clinic Ages 5-9	Field 1	6pm-7:20pm	Youth Clinic Ages 5-9	Staff
U12 Boys	Field 2	6pm-7:20pm	U12 Boys	Kevin/Joe/Pao
U13 Boys/15 Girls Red	Field 1	7:20pm-8:40pm	U13 Boys/15 Girls Red	Kevin/Joe/Tim U15G
U15 Girls	Field 2	7:20pm-8:40pm	U15 Girls	Mikey/Brooke/Janine
U16 Girls	Field 1	8:40pm-10pm	U16 Girls	Pao/Madison/Jim B
U17 Girls	Field 2	8:40pm-10pm	U17 Girls	Joe/Mikey/George

### Monday- L'pool Hopkins Rd

Age Group:	Field #:	Time:	Age Group:	Coaches:
U13 Girls	Field 1	6pm-7:20pm	13 girls	Tommy/Gilly/Milt
U12 Girls/U14 Girls	Field 2	6pm-7:20pm	12 girls/14 girls	Evan/Lauren/Anthony
U16 Boys	Field 1	7:20pm-8:40pm	U16 Boys	Kirmse/Steve/Cesco
U16 Boys/U15 Boys	Field 2	7:20pm-8:40pm	U16 Boys/U15 Boys	Kirmse/Steve/Cesco/Perek/Jason
U17 Boys	Field 1	8:40pm-10pm	U17 Boys	Tom Bonus/Darren
U18 Girls	Field 2	8:40pm-10pm	U18 Girls	Kirmse/Lauren

### Monday-Jones Rd

Age Group:	Field #:	Time:	Age Group:	Coaches:
U12 Boys	Field 2	4-5:30pm	U12 Boys	Jeff
U8, U9,U10 Boys	Field 2	4-5:30pm	U8, U9,U10 Boys	Robie/Freddie/Jon
	Field 2	5:30-6:30pm		Micro-Soccer
	Field 2	6:30-7:30pm		CNYFSC Youth Soccer-"House"-U6-U10
	Field 2	7:30-8:30pm		CNYFSC Youth Soccer-"House"-U11-U14
U14 Boys	Field 1	7-8:30pm	U14 Boys	Jeff/Steve
Dev. Academy/U18 boys	Field 1	8:30-10:00pm	Dev. Academy/18 boys	Tommy/Bove/Freddy
	Field 2	8:30-10pm		

### Tuesday- L'pool Hopkins Rd

Age Group:	Field #	Time:	Age Group:	Coaches:
U8,U9,U10 Girls	Field 1	5-6:30pm	U8,U9,U10 Girls	Madison, Tommy, BJ
Goalkeepers	Field 1	5-6:30pm	Goalkeepers	Darren/Joe/Madison/Phil
U8, U9,U10 Boys	Field 2	5-6:30pm	U8, U9,U10 Boys	Dick/Ille/Robie/Freddie/Jon
U11 Girls	Field 1	6:30-8pm	U11 Girls	Freddie/Milt
U16 Red Girls	Field 1	6:30-8pm	U16 Red Girls	Darren

## INDOOR PRACTICE SCHEDULE

### Wednesday-481

Age Group:	Field #:	Time:	Age Group:	Coaches:
U12 Girls/U11 Boys	Field 1	6-7:20pm	U12 Girls/U11 Boys	Anthony/Jason/Freddie
U13/U14 Girls	Field 2	6-7:20pm	U13/U14 Girls	Tommy T/Gilly/Evan/Lauren/Milt
U15 Boys/U16 Boys	Field 1	7:20-8:40pm	U15 Boys/U16 Boys	Mike K/Cesco/Perek/Jason/Steve
U16 Boys	Field 2	7:20-8:40pm	U16 Boys	Mike K/Cesco/Perek/Jason/Steve
U15/U16/U17/U18 Girls	Field 1	8:40-10pm	U15/U16/U17/U18 Girls	Mikey M/Pao/Mike K/Lauren/Madison
U15/U16/U17/U18 Girls	Field 2	8:40-10pm	U15/U16/U17/U18 Girls	Mikey M/Pao/Mike K/Lauren/Madison

### Wednesday - L'pool Hopkins Rd

Age Group:	Field #	Time:	Age Group:	Coaches:
U12 Boys	Field 1	6-7:30pm	U12 Boys	Jeff/Joe/Kevin
U13 Boys	Field 1	7:30-9pm	U13 Boys	Kevin/Joe
U14 Boys	Field 1	7:30-9pm	U14 Boys	Jeff
U17Boys	Field 2	7:30-9pm	U17Boys	Tommy B/Darren
U18 Boys	Field 2	7:30-9pm	U18 Boys	Tommy B/Darren

### Wednesday- Jones Road

Age Group:	Field #	Time:	Age Group:	Coaches:
U15 Girls Red		3:30-5pm	U15 Girls Red	Tim S.
U14 Girls Red		8-9:00pm	U14 Girls Red	Gilly

### Thursday - L'pool Hopkins Rd

Age Group:	Field #	Time:	Age Group:	Coaches:
U16 Girls Red		8-9:30pm	U16 Girls Red	Darren

### Friday - Jones Road - Age Groups and Times TBA

Age Group:	Field #	Time:	Age Group:	Coaches:
U8/U9 Boys & Girls	Field 1	5-6pm	U8/U9 Boys & Girls	Robie/Madison/Freddie
U10/U11 Boys & Girls	Field 1	6-7pm	U10/U11 Boys & Girls	Jon/Dick/BJ/Freddie/Milt/Jason
	Field 1	7-8:00pm		
	Field 1	8-9:00pm		
	Field 1	9:00-10pm		

### Friday - L'pool Hopkins Road - Age Groups and Times TBA

Age Group:	Field #	Time	Age Group:	Coaches:
	Field 1	5:30-6:30pm		
	Field 2	5:30-6:30pm		
	Field 1	6:30-7:30pm		
	Field 2	6:30-7:30pm		
	Field 1	7:30-8:30pm		
	Field 2	7:30-8:30pm		
	Field 1	8:30-9:30pm		
	Field 2	8:30-9:30pm		